



GRATIOT INTEGRATED HEALTH NETWORK



FISCAL YEAR 2018

ANNUAL REPORT

Prepared by: Rachelle Page-Lewis



The Board of Directors adopted a new strategic plan in fiscal year 2018 that provides the road map for the Agency for the next 3-years. The strategic initiatives will focus on Better Health, Better Care, Better Value, and Better Provider Systems. The primary health care clinic in St. Louis launched in May of 2018, fully integrating behavioral and physical health care. In partnership with Iris Telehealth, we have expanded our psychiatry reach bringing telepsychiatry to our service array. In response to the opioid epidemic, Medication Assisted Treatment is now offered to individuals residing in Gratiot County. The clinic is the first and only Medication Assisted Treatment program in Gratiot County.

Steve Vernon, CEO

October 2017



St. Louis High School Career Fair

Gratiot Integrated Health Network attends many educational events throughout the year. The Career Fair helped to introduce our St. Louis Satellite Location and health clinic, offer mental health information and resources, and to provide details about GIHN's array of specialty services. We look forward to better serving the St. Louis Community!

Child Advocacy Game Day Challenge

Every year our staff participate in fundraising activities to help support other local community organizations. Last fall, GIHN raised funds to help support Child Advocacy in their mission *"to improve the welfare of children and their families through education, training, and support for the prevention of substance abuse, and child abuse and neglect"*. For a second year in a row, GIHN staff raised the most in our community in support of their team and Child Advocacy.



November 2017



It's A Wonderful Life

Several wellness activities are planned throughout the year. In November, the focus was on Seasonal Affective Disorder and how to manage holiday stress. Resources were available to participants while enjoying a movie screening of, "It's a Wonderful Life." Holidays can be a stressful time and it is important for our staff to help others recognize symptoms and provide helpful tips to manage holiday stress.

December 2017



12 Days of Christmas

GIHN staff celebrated the holiday spirit with "12 Days of Christmas," an event to help raise funds for Child Advocacy and the United Way. The fundraiser also helped supply our 4th Annual, "Giving Tree", which provided hats and mittens free to the community. The festive fun raised \$730.14.

January 2018

The Art of Recovery

The new year began by collecting service recipient's art work for submission to the state-wide Traveling Art Show, sponsored by the Community Mental Health Association of Michigan. One Gratiot County art piece was included in the art show. The showcased art work helps to destigmatize mental illness and substance use disorders and highlights the recovery potential of art.



February 2018



Wellness & Business EXPO

Gratiot Integrated Health Network attended the Wellness & Business Expo at the Central Michigan Youth for Christ Center in Alma. Our staff participate in health fairs throughout the community to offer mental health and SUD resources, and to share service information.

March 2018

SMART Recovery Group

Many groups are offered through Gratiot Integrated Health Network. The SMART Recovery Group is open to the public. The group teaches individuals how to manage addictive behaviors. Individuals learn self-management and recovery skills through discussion and self-help activities.



April 2018



Walk A Mile in My Shoes

On May 2nd, Gratiot County supporters joined nearly 2,500 mental health advocates at the State Capitol to enhance public awareness and put an end to the stigma related to mental illness, intellectual/developmental disabilities. Michigan does not have equality between mental health & physical health care coverage. The rally brings to light protections needed as privatization pressures mount for the behavioral health system.

May 2018

St. Louis GIHN Location Opens

The Gratiot Area Chamber of Commerce ribbon cutting ceremony took place on May 10th. An open house was hosted to celebrate the grand opening of GIHN's newest service location. The St. Louis building was purchased in 2016 to expand GIHN's services, with a focus on integration of mental health services and medical care. A partnership with PRISM Primary Care provides primary care services for area residents. The St. Louis location also houses a wing dedicated to GIHN's Autism Program.



June 2018



Mental Health First Aid

In support of GIHN's on-going efforts to support education and advocacy, six Mental Health First Aid courses were provided to community members throughout the year. Mental Health First Aid teaches risk factors and warning signs for mental health and addiction concerns, strategies for how to help in both crisis and non-crisis situations, and where to turn for help.

July 2018



Mindful Movement

A Mindful Movement class was introduced. Research has shown that yoga has many physical health benefits as well as psychological benefits. Yoga practices can reduce the impact of exaggerated stress responses and may be helpful for both anxiety and depression.

August 2018

Primary Care Services Expansion

On August 7th, an Open House was hosted to introduce primary care services at the new St. Louis health clinic. Community members were invited to tour the clinic and meet the PRISM Primary Care staff. Initially, the clinic opened one day per week. Shortly after offering primary care to all community members, clinic hours expanded to two days per week. GIHN is proud to provide this critical health service to local residents.



September 2018



Suicide Awareness Month

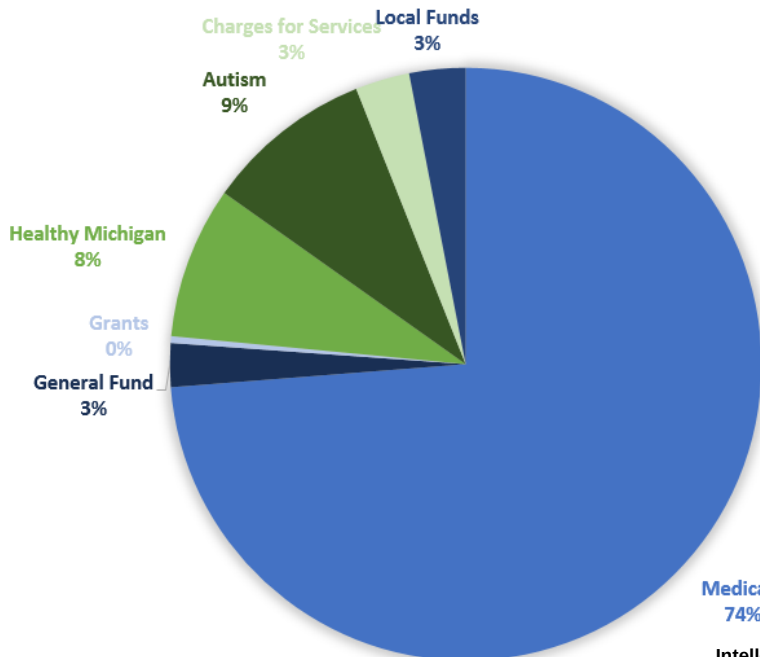
In collaboration with our community partners, staff "planted" flags on the front lawn in honor of Suicide Awareness Month. Suicide is the 10th leading cause of death in the United States. Each year 44,965 Americans die by suicide. Each of these 1,800 flags represents 25 individuals who have died by suicide. The flags are displayed annually, however GIHN's anti-suicide efforts are on-going throughout the year.

Financials

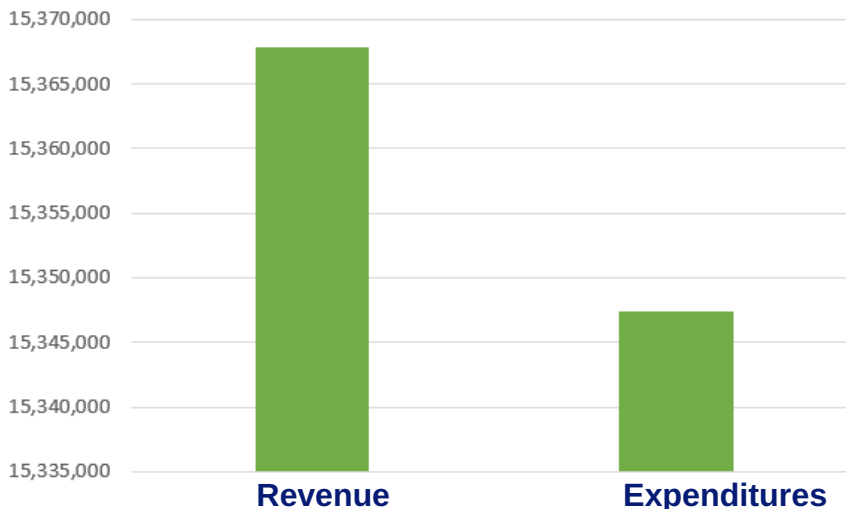
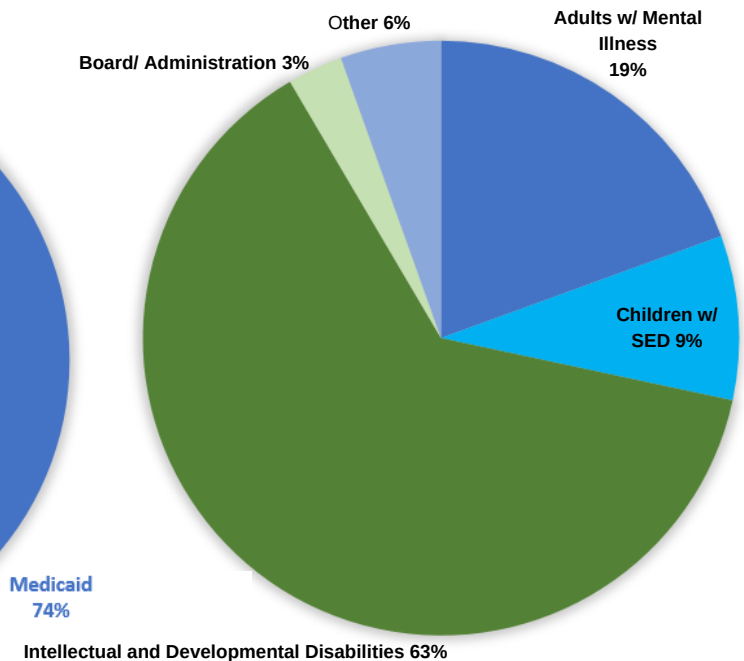
Revenue		
Medicaid Revenue	\$11,347,426	74%
General Fund	\$365,251	3%
Grants	\$56,984	.4%
Healthy Michigan	\$1,270,295	8%
Autism	\$1,403,375	9%
Charges for Services	\$454,807	3%
Local Funds	\$469,697	3%
Total:	\$15,367,835	

Expenditures		
Adults with Mental Illness	\$2,981,054	19%
Children with SED	\$1,371,495	8.9%
Intellectual and Developmental Disabilities	\$9,697,562	63.2%
Board/ Administration	\$461,138	3%
Other	\$836,182	5.4%
Total:	\$15,347,431	

Revenue



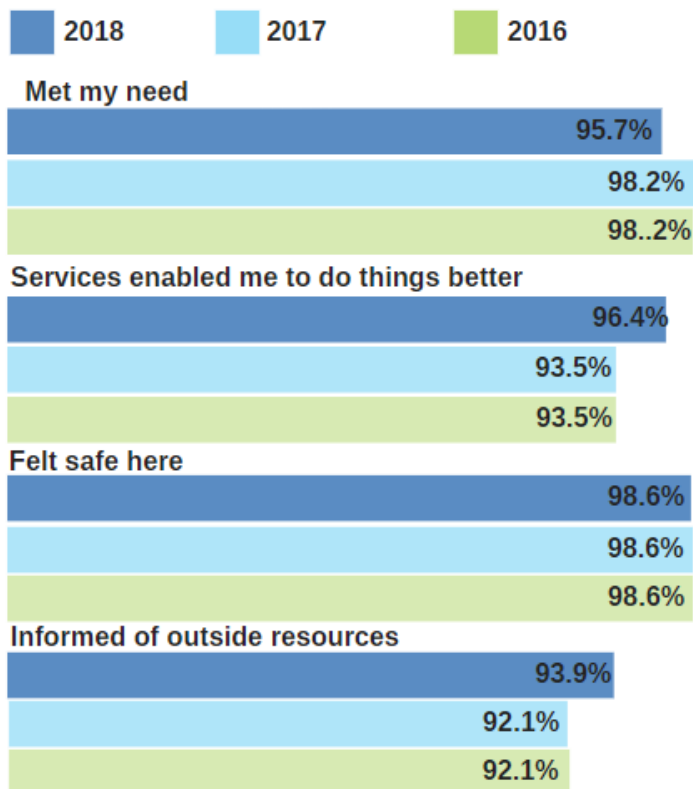
Expenditures



USPEQ Survey Data

This report provides information about the satisfaction survey distributed to our organization. The Survey asked questions about how service recipients perceived their services. This report includes both the positive responses and areas that can improve. It will be used to understand different levels of satisfaction, and across time can point to areas where services have been effective as well as areas for improvement.

100% of survey participants answered that their GIHN staff member has the skills needed to help them with their needs

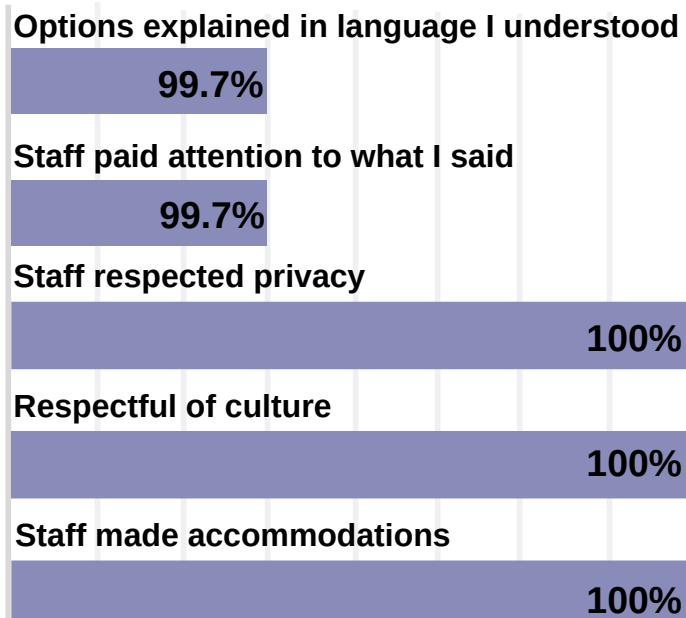


Top 5 Potential Areas For Improvement



Percent Positive (Agree + Strongly Agree)

Top 5 Survey Items With Positive Responses



Percent Positive (Agree + Strongly Agree)

Comments From USPEQ Survey

"The service at Gratiot Integrated Health Network is friendly and very helpful. They try to meet your needs in a timely manner, even if you do things last minute."

"I appreciate of the flexibility of scheduling appointments. My GIHN staff member is attentive and always encourages me to think deeply with the questions they ask."

"My therapist and psychiatrist do their best to understand my situation and help me think of ways to improve my life and myself. They are very helpful and caring."

"Everybody gives you your space when you need it. I really appreciate the way that staff communicate with me."

"The staff are really friendly. They try to get to know every patient, and check up with us to make sure we are able to get better."

"The agency secretaries and staff are really helpful to me when I check in and get weighed. They are helpful to get information to the doctor."

"My doctor is compassionate, accepting, and will not be able to be replaced. He gave my life back and exceeded my expectations of any medical practice doctor, ever!"

"My child receives services. I am pleased. The person providing services has also noticed myself struggling and has made accommodations to get me help as well. Very grateful."

Board Of Directors

Irene O'Boyle- Chairperson

Joe Barden - Treasurer

Cassie Thelen-Secretary

George Bailey

Luanne Billings

Dan Carley

Sheryle Dixon

Zack Everitt

Tina Hicks

Jared Merchant

Michael Mitchell

Rugelio Ramerez

