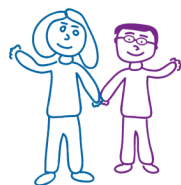


WHO IS CRT FOR?

ANYONE DIRECTLY EXPOSED TO THE FOLLOWING TYPE OF EVENTS MAY BE APPROPRIATE FOR THE ACTIVE, SHORT-TERM SUPPORT PROVIDED BY CRISIS INTERVENTION:

- TORNADO, FIRE, OR OTHER NATURAL DISASTERS
- WORKPLACE VIOLENCE
- CAR ACCIDENT RESULTING IN SERIOUS INJURY OR DEATH
- WITNESS TO A FATAL MEDICAL EMERGENCY OR SERIOUS INJURY
- TERRORIST ATTACK
- DEATH OR VIOLENCE INVOLVING A CHILD



Child Advocacy
The Link for Families!

GRATIOT COUNTY CRISIS RESPONSE TEAM (CRT)

COMMUNITY-BASED
ASSISTANCE FOLLOWING
TRAUMATIC EVENTS



GRATIOT INTEGRATED
HEALTH NETWORK
(989) 463-4971
— OR —
CENTRAL DISPATCH
(989) 875-7505

WHAT IS CRT?

A Crisis Response Team (CRT) is comprised of community volunteers trained in Critical Incident Stress Management (CISM). They respond within the first 72 hours following a unusual or extremely stressful event to reduce the development of significant long-term problems. The CRT can help to more quickly return to normal functioning and provide education and resources following a small or large scale tragedy.

HOW DO I GET CRT?



Just call these numbers at any time.

989-463-4971

989-875-7505

You will be asked basic information about the event and linked to the Team Coordinator. They will work with you to determine what supports and interventions are appropriate for your situation.

CRISIS INTERVENTION VS PSYCHOTHERAPY

- Prevention vs. Reparation
- Immediate vs. Delayed (from time of incident)
- Delivered anywhere vs. Office (typically)
- 1-3 contacts vs. Ongoing
- Active/Directive vs. Guiding, Consultative
- Specific Event vs. Broad Focus
- Here and Now vs. Present and Past
- Symptom Reduction vs. Personal Growth



A program for normal people exposed to abnormal situations.

·Services are confidential.

·Over 80% of Americans will be exposed to a traumatic event.

·Evidence shows that brief services in the first weeks after a traumatic event can lead to sustained benefits over time.