

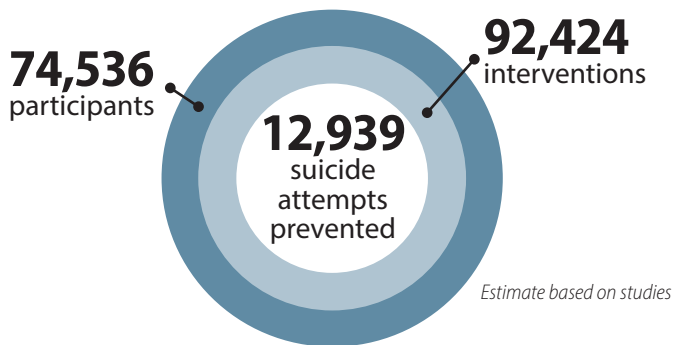
Learn the skills to provide a suicide first-aid intervention

LivingWorks ASIST is a 2-day interactive workshop that will provide you with the skills to intervene with someone who has thoughts of suicide.

You will learn to:

- Develop a safety plan to keep someone safe-for-now and connect them with further help
- Talk openly about personal and community attitudes and suicide
- Build confidence and capacity in providing suicide first-aid

LivingWorks ASIST's impact in 2022



People making a difference with LivingWorks ASIST

Over 25 years of research support the use of LivingWorks ASIST in the following settings:



Upcoming ASIST Training