
A program for normal people
exposed to abnormal situations.

As educators, we are often the sounding board for students and parents when they need support, or someone to lean on. This past year our students and staff dealt with a very difficult situation that had a traumatic impact on not only the student body, but the entire staff in our building. The Gratiot County Crisis Response Team did an outstanding job in helping our staff understand the situation presented to us. Simply put, we just could not wrap our heads around the "Why?" or "How?" Their team was professional, understanding, listened, and tried to help us with coming to grips with what we were dealing with, and what many will continue to deal with for a very long time. I would not hesitate calling the Gratiot County Crisis Response Team if another situation warranted them helping out.

Jim Thompson
Ithaca Jr./Sr. High School Principal

Law enforcement is here to protect and serve the public. As a result, they encounter difficult situations that can have unique and lasting impacts. The Gratiot County Crisis Response Team provides a space to talk with peers about the most critical situations and to process what happened together. It does a great deal of good for our people to share their thoughts and know they aren't alone.

Debriefings are a great tool that helps get them back out there doing what they do best.

Undersheriff Steve Sopocy
Gratiot County Sheriff's Office

24/7 CONTACT

GRATIOT INTEGRATED HEALTH NETWORK
989-463-4971

OR

NON-EMERGENCY CENTRAL DISPATCH
800-622-5583

**ASK FOR:
A CRISIS RESPONSE TEAM**

THE GRATIOT COUNTY CRISIS RESPONSE TEAM IS TRAINED BY AND REGISTERED WITH THE INTERNATIONAL CRITICAL INCIDENT STRESS FOUNDATION, INC. AND IS REGISTERED WITH THE MICHIGAN CRISIS RESPONSE ASSOCIATION



No-cost, community-based
assistance following a
traumatic event.



WHO BENEFITS FROM A CRITICAL INCIDENT DEBRIEFING?

ANYONE DIRECTLY EXPOSED TO THE FOLLOWING TYPES OF EVENTS MAY BE APPROPRIATE FOR A DEBRIEFING:

- Tornado, fire, or other natural disaster
- Workplace violence
- Vehicle accident resulting in serious injury or death
- Witness to a serious or fatal medical emergency
- Terrorist attack or mass shooting
- Death or violence involving a child
- Incidents that attract unusual or critical media coverage
- Suicide
- Calls in which the safety of responding emergency services personnel is severely compromised (rescues, hostage situation, exchange of gun fire, etc.)

DEBRIEFING CAN FACILITATE THE RECOVERY OF AFFECTED COMMUNITY MEMBERS FROM STRESS AS A RESULT OF THESE TYPES OF CRISES.

ABOUT

A debriefing is a meeting intended to help those involved in a critical incident return to normal functioning more quickly by providing active, short term support, information, and resources.

A Crisis Response Team is comprised of individuals trained to provide trauma mitigation and education in the aftermath of a critical incident; either small-scale or mass-casualty. Teams do not provide therapy but there are therapeutic benefits.

The Gratiot County Crisis Response Team includes local members of the community who have extensive training in Critical Incident Stress Management.

EVIDENCE SHOWS THAT A DEBRIEFING AFTER A TRAUMATIC EVENT CAN LEAD TO SUSTAINED BENEFITS OVER TIME.

