



ASIST:

Applied Suicide Intervention Skills Training

LivingWorks ASIST is more than a training - it's an experience that changes how you see your role in suicide prevention.

You'll:

- ✓ Build confidence to ask directly about suicide
- ✓ Listen with empathy and without judgment
- ✓ Explore personal attitudes and beliefs that affect your ability to help
- ✓ Create a collaborative Safety Plan to help someone stay safe for now
- ✓ Connect them to further care and ongoing support

Join Us



July 30 and 31*



8:30 am - 4:00 pm



GIHN
608 Wright Ave
Alma MI 48801

Reserve Your Spot Now!



kcastello@gihn-mi.org



989-330-3590

*Participants must attend both workshop dates per session