

## Additional Information:

- "Primary caregivers" are people who provide at least some unpaid, daily support.
- "Unpaid" means that respite may only be provided during those portions of the day when no one else is being paid to provide the care, i.e., not during a time the person served is receiving home help, community living supports, attending school, or ABA services, etc.
- Children in foster care homes receiving Therapeutic Foster Care as part of a SED waiver are not eligible for respite services.
- Respite can't be provided in day program settings, nursing homes, hospitals, etc.
- Respite may not be provided to a person served by their parent, spouse, guardian, or unpaid primary caregiver.



GRATIOT INTEGRATED  
—HEALTH NETWORK—

## Hours of Service

Monday and Wednesday  
8:00 a.m. to 7:00 p.m.

Tuesday, Thursday, and Friday  
8:00 a.m. to 5:00 p.m.

Emergency Services Available  
24/7

989-463-4971

1-800-622-5583

Michigan Relay Center

1-800-649-3777

Customer Service

989-466-4192

**Gratiot Integrated Health Network**  
**608 Wright Avenue**  
**Alma, MI 48801**

**224 North Mill Street**  
**St. Louis, MI 48880**

**Find us on social media!**

 /GIHNMI

Learn more about Gratiot Integrated Health Network and see the complete list of services and descriptions on our website:

[www.gihn-mi.org](http://www.gihn-mi.org)



GRATIOT INTEGRATED  
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# Respite Services

Relief When You Need It





## Respite Care

## What Is Family/Friend Respite?

Respite is a Medicaid-paid service used to assist in maintaining a goal of living in a natural/family home.

Respite services are provided on a short-term, intermittent basis to relieve primary caregivers and family members from the daily stress and care demands of the person(s) served.

## What You Should Know:

Respite services are for adults and children with developmental disabilities and children with serious emotional disturbances.

Respite services may be provided in the following settings:

- Home of person served
- Home of a friend or relative, chosen by the person served or their family
- Licensed foster care home
- Facility approved by the state that is not a private home, such as a group home or licensed respite facility
- Licensed camp
- Community settings
- Licensed family childcare home

## What Can Respite Provide?

- Provide relief to primary caregivers or family members when they provide unpaid care.
- Flexibility for use: a few hours, days, weekends, or vacations.
- Comfort that the person served is cared for and safe when the primary caregiver(s) need a break.

