

Michigan law requires that any Advance Directive is signed by witnesses. The witnesses cannot be immediate family members, not your spouse, not your guardian, not your doctor, not an employee of a hospital or community mental program where you are receiving services or anyone who would get gifts/income at the time of your death. You may have friends, people you know, or neighbors, for instance, sign as witnesses.

### Important Things for You to Know

An advance directive may become a permanent part of your clinical record. If you want them in your record, make sure your case manager and/or support staff has a copy. The advanced directive does not require a signature by a notary.

If your case manager has a role in your advance directive, a copy of the plan must be in your clinical record.

You may change or cancel your advance directive at any time.

Make sure your case manager and/or support staff has the most current copy of your advance directive and let them know of any changes, including if you cancel it.

You may file a grievance with Customer Service if your advance directive requirements are not followed as written.

An advance directive is not a requirement to receive treatment services.

Source: [http://www.michigan.gov/mdhhs/0,5885,7-339-71547\\_2943\\_70663---,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943_70663---,00.html)

You have the right to have this information in a different language, type of print, or form.

If you need this information in a different way or you need any other help, please call:

Call Customer Service for Assistance  
Customer Service  
Gratiot Integrated Health Network  
608 Wright Ave. Alma, MI, 48801  
989-466-4192

Michigan Relay Center  
Dial 7-1-1

(Individuals with hearing-impairment,  
hard-of-hearing or speech-impairment)

**MSHN**

Mid-State Health Network

Mid-State Health Network (MSHN)

Customer Service

Dan Dedloff, MA, LPC

530 W. Ionia Street, Suite F

Lansing, MI 48933

517-657-3011 or 1-844-405-3094

Fax: 517-574-4093

[dan.dedloff@midstatehealthnetwork.org](mailto:dan.dedloff@midstatehealthnetwork.org)

[www.midstatehealthnetwork.org](http://www.midstatehealthnetwork.org)

For more information, go to:

<http://michigan.gov/mdch>

and type "Advance Directives" in the search box.



**GRATIOT INTEGRATED**  
— HEALTH NETWORK —

# Advance Directive



What is a medical  
and/or Psychiatric  
Advance Directive?

Gratiot Integrated Health Network (GIHN) and the Mid-State Health Network, (MSHN)

supports consumers' rights to their own choices for Advance Directives where the 42

C.F.R. 422.128 law allows.

This pamphlet will assist you with what your

choices are for medical care and/or psychiatric care and explain how to designate another

person(s) to make medical/psychiatric

decisions for you in the event you are unable to make these decisions for yourself.

If you need any help with this information, you may contact your case manager and/or support staff or call Customer Service.

## Medical Advance Directive

A medical advance directive is a legal document that tells healthcare providers what your medical

treatment choices are during certain medical

emergencies. You create a medical advance directive before a medical emergency happens.

Then, if there is an emergency where you are not able to say what treatment you do/do not want,

the medical advance directive would state your wishes.

A copy of your advance directive should be kept in your medical/mental health records, at your

doctor's office, in your home, and with your patient advocate.

Who Can Have a Medical Advance Directive?

In the state of Michigan, an adult "of sound mind" may have a medical advance directive. So, if you

have a guardian, or the court finds you are not able to make your own treatment decisions, you

would not be able to have an advance directive.

Michigan law states that certain people may not

witness an advance directive on your behalf. This includes guardians, spouses, other family members,

healthcare workers or anyone who would get

gifts/income at the time of your death.

**How Would I Create a Medical Advance**

**Directive?**

There are forms that you may use to write a medical advance directive. Your case manager and/or

support staff may help you get the necessary forms. What is a "Durable Power of Attorney"?

A durable power of attorney is a phrase often used with medical advance directives. When you create

an advance directive, you may also name who has the power to make decisions for you when you are

not able to make decisions for yourself. The person is called an "Agent" or "Patient Advocate". A

Durable Power of Attorney is a medical advance directive that states who your Patient

Advocate/Agent is and what types of decisions he/she can make on your behalf.

**What is a Patient Advocate?**

A patient advocate is the person you identify in your advance directive as the one who may make

decisions about your medical or psychiatric care if you become unable to make medical or psychiatric

decisions for yourself.

**Who Can Be My Patient Advocate?**

Anyone who is competent, 18 years or older, and does not have a guardian, may be a patient

advocate.

**Do I have to have a Patient Advocate?**

An advance directive is only valid if you named a patient advocate/agent. So, it is required to include

your patient advocate when completing the advance directive forms.

## Psychiatric Advance Directive

**What is a Psychiatric Advance Directive?**

A psychiatric advance directive is a legal document that tells healthcare providers

what your treatment choices are during psychiatric emergencies. You create a

psychiatric advance directive before an emergency happens. Then, if there is a

psychiatric emergency where you are not able to say what treatment you do or do not

want, the psychiatric directive would explain your wishes.

A copy of your psychiatric advance directive should be kept in your medical/mental health

records, at your doctor's office, in your home, and with your patient advocate.

**Who Can Have a Psychiatric Advance**

**Directive?**

In the state of Michigan, an adult "of sound mind" may have a psychiatric advance

directive. So, if you have a guardian, or the court finds you are not able to make your own

treatment decisions, you would not be able to have an advance directive.

**How Would I Create a Psychiatric Advance**

**Directive?**

There are forms that you may use to write a psychiatric advance directive. Your case

manager and/or support staff may help you get the necessary forms or you may contact

Customer Service for assistance.

**If I Want a Medical Advance Directive and a Psychiatric Advance Directive, Can I Make**

**One Document?**

Yes. Or you may decide to have one or the other, or no durable power of attorney at all.