

This is to inform you about changes that could affect your benefits. Changes began to take effect in fall 2025. It is important that you take an active role now to prepare for what will happen in the near future.



Why is MDHHS making these changes?

The Michigan Department of Health and Human Services (MDHHS) is making these changes because of a law called H.R. 1, also known as the One Big Beautiful Bill Act, that was passed by Congress and signed by President Trump July 4, 2025. H.R. 1 adds restrictions to how Medicaid and SNAP work across the nation, including in Michigan.

What can I do to prepare for these changes?

Here are steps you must take now to be ready:

- Make sure your address, phone number and email are up to date at Michigan.gov/MIbridges.
- Verify your **identity** in MI Bridges to view benefits, letters and appointments, report changes and renew benefits.
- If you receive paperwork from MDHHS, please complete, sign and return it by the specified deadline, along with any requested documents. Watch your email, texts and mail for messages from MDHHS.
- Continue to check the [MI Bridges website](https://Michigan.gov/MIbridges) for updates. Information will be posted as it becomes available.



When will changes go into effect for SNAP?

The table below provides a timeline of when changes will go into effect:

Provision	Who is Affected	Implementation
Internet Expense: internet costs are no longer a qualifying expense.	All food assistance program recipients.	October 2025
LIHEAP Payment: restricts qualifying payments for heating, cooling and energy bills.	Limits deduction to adults ages 60+ or who have a disability.	November 2025
Work Requirements: many adults must show proof of work to receive benefits.	Able-bodied adults without dependents under age 14 (ABAWDs) ages 18-64 will be required to meet the work requirement.*	Begins March 1, 2026.
Non-Citizen SNAP Eligibility: if not approved as a Lawful Permanent Resident (LPR) may no longer qualify for benefits.	Refugees and those granted asylum, as well as others not explicitly included in the policy.	June 2026
National Education and Obesity Prevention (SNAP Ed): nutrition and physical fitness education.	All food assistance program recipients.	Ends Oct. 1, 2026.

*On Oct. 1, 2025, work requirements for ABAWDs in Michigan went into effect in Kent County (excluding Grand Rapids), Oakland County (excluding Oak Park and Pontiac), and Livingston County. These requirements are separate from the H.R. 1 changes.

What are SNAP work requirements?

Any food assistance recipient who is ABAWD and does not care for a child under 14 or an adult who cannot care for themselves, must complete work activities. They must spend at least 80 hours each month doing one or more of these activities:

- Working, including unpaid (volunteer) work and work in exchange for goods or services (in-kind work).
- Participating in an MDHHS-approved employment and training activity at the local Michigan Works! service center.
- Any combination of working and participating in a work program.
- Participating in a Self-Initiated Community Service (SICS) activity for a nonprofit organization. The number of hours assigned each month in a SICS program will depend on your food assistance benefit.

Can someone be excused from the SNAP work requirement?

You may be excused from the SNAP work requirement if any of the following apply:

- Younger than age 18 or older than age 64.
- Receive disability benefits.
- Your food assistance group includes a child under age 14, even if the child is not receiving assistance.
- Pregnant.
- Not able to work because of physical or mental health reasons.



What happens if you do not meet the general or ABAWD work requirements?

If you do not meet the work requirements without a valid reason, the household's benefits may decrease or end.

When will changes go into effect for Medicaid?

The table below provides a timeline of when changes will go into effect:

Provision	Who is Affected	Implementation
Immigrant Eligibility: certain lawfully present non-citizens may no longer qualify for Medicaid coverage beyond emergency care.	Medicaid beneficiaries including refugees, those granted asylum, as well as certain other lawfully residing non-citizens.	October 2026
Work Requirements: many adults covered will need to show proof of work.	Healthy Michigan Plan beneficiaries.	January 2027
Renewals: coverage will need to be renewed every six months.	Healthy Michigan Plan beneficiaries.	January 2027
Retroactive Coverage: only available for one to two months depending on program.	All Medicaid beneficiaries.	January 2027
Cost Sharing: may increase if beneficiaries make more than 100% of Federal Poverty Level.	Healthy Michigan Plan beneficiaries.	October 2028

What are Medicaid work requirements?

Certain people enrolled in the Healthy Michigan Plan will need to show they are working or doing other approved activities, like going to school, for 80 hours per month when they apply or renew Medicaid benefits. This rule applies to adults ages 19 to 64 years old. Some groups will not have to meet these work requirements, including:

Exempted Work Requirement Groups

- Pregnant women.
- Foster and former foster youth.
- Tribal members.
- Veterans with rated disabilities.
- Medically frail.
- People undergoing alcohol or substance use disorder treatment.
- People who meet the work requirements already for Temporary Assistance for Needy Families (TANF)/SNAP.
- Parents/caregivers of a dependent child 13 years old and under or an individual with a disability.
- Incarcerated people.
- People receiving postpartum coverage.



I am unsure if I need to report my work status, what do I do?

Medicaid work requirements go into effect January 2027. If you are required to report your work or other approved activity status, MDHHS will contact you in fall 2026 to provide more information on the reporting process.