

If you are struggling,

**HELP**

is only a phone call away

## *ZERO SUICIDE* Care Pathway

**CALL US IF YOU NEED TO!**



**(989)463-4971**

### OUR CARE TEAM WILL:

- Help you identify supportive people in your life.
- Make your environment safer.
- Create a safety plan.
- Increase our contacts to show we care.

We encourage anyone who is struggling with suicidal thoughts or feelings to reach out to us for support. Our Zero Suicide Care Pathway is here to help you through this difficult time and to provide you with the care and support you need to overcome your struggles. Together, we can work towards reducing the number of suicides to zero.